



Dental Implant Post Operative Instructions

After your Dental Implant procedure, wait until the numbness in your mouth wears off before eating so you will not bite your cheek or tongue. Do not chew or bite down on the treated area until it is fully restored by your dentist.

As the medication used to numb your mouth during the procedure wears off, you may feel some tenderness in the area for a few days as everything heals and some mild soreness in your jaw from keeping your mouth open for an extended period during the procedure. These temporary symptoms usually respond well to over-the-counter medication

Please follow the guidelines below and contact us at 941-254-2595 with any questions.

- **No Smoking.** Dental implants rely on a process known as osseointegration, which is how the jawbone develops and grows around the implants.
- No hard foods around Dental Implant
- Applying a cold compress to the face near the treatment area will help minimize swelling. While using an ice pack, please do not apply ice directly to your skin. Always place a cloth between the ice and your skin. You may apply the cold compress for up to 20 minutes on and at least 20 minutes off for the next 6-8 hours as needed.
- If you were given any prescriptions, please have them filled promptly and take them as directed. If no prescriptions were given, you may choose to take ibuprofen medications such as Motrin or Advil (as long as you do not have any allergies to these medications) for alleviation of discomfort and swelling. Alternatively, you may use Tylenol. Do not exceed the guidelines printed on the label for any medication. If you are unable to achieve adequate pain control, please contact our office
- **It is normal to feel some pain and discomfort after surgery when the numbing agents and dental sedation wear off.** However, you will notice a reduction in pain, discomfort, swelling, bruising and inflammation by the end of the day. Some bleeding is also common for the first 24-48 hours (about 2 days) after treatment.

Any questions or concerns, please do not hesitate to call or text Parkwood Dental at 941-254-2595.